




PREMIÈRE NEIGE
The Spirit of Sainte Foy

The Première Neige Spa & Treatment list in association with

Elemis
DEFINED BY NATURE LED BY SCIENCE

Facials

Skin Specific Facial (1hr) - 60€

A specialised facial containing a luxury massage with a skin perfecting mask. Choose from: Fruit Active Glow/Exotic Moisture Dew/Herbal Lavender Repair.

Visible Brilliance Facial (1hr 15mins) - 95€

Skin Radiance Facial (30min) - 68€

This powerful scientific facial for face and eyes. Using specialised massage techniques combined with Amino mask help smooth, sculpt and restore skin to its natural radiance, whilst helping to reduce dark circles.

Oxygen Skin-Calm Facial (1hr 15min) - 85€

Pure soothing heaven for sensitive skin. Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask to help rebalance delicate, fragile and sensitive complexions.

Skin IQ+ Facial Time For Men (1hr 15mins) - 95€

Anti-ageing and super boosting for tired, stressed and dehydrated skin. Helping to calm irritation and minimize the signs of ageing, this facial is the ultimate overhaul for male skin.

Nail Treatments

Using Orly Nail Polish

A wide selection of colours available

Manicure (45min) 45€

Pedicure (60min) 50€

(extra 5€ for French Polish)

Waxing

Eyebrows/Upper Lip/Chin (15 mins) 15€

Underarms (15 mins) 15€

Half Leg (25 mins) 25€

Full Leg (45 mins) 40€

Regular Bikini (15mins) 30€





Body Therapies

Elemis Deep Tissue Full Body Massage (1hr) - 70€

Focusing to relieve stress and muscle tension, this deep rhythmic pressure massage gives the whole body a workout to encourage a deep level of relaxation.

Elemis Deep Tissue Back Massage (30mins) - 45€

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas.

Nurturing Massage for Mother-to-Be (1hr 15mins) - 95€

Massage adapted to each stage of pregnancy. This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit.

Musclese Aroma Spa Ocean Wrap (1hr 15mins) - 70€

Powerful seaweed wrap for complete muscle relaxation. Drift away while you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment. Using a warm blend of Essential oils, this specialised treatment helps ease aching, tense muscles.

Exotic Frangipani Body Nourish Wrap (45mins) - 70€

For immediate softness and suppleness. Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi which is poured all over the body and then cocooned in a nourishing foil wrap. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.

Face and Body Sensation (1hr) - 100€

Sensational 'ice-cool thermal' hot stone half body massage to ease away stresses and aid sleep combined with a booster anti-ageing facial improving the radiance of the skin.

This service is available Monday to Friday (subject to availability)

We recommend you book your session early to avoid disappointment.

You can do this either through our Concierge Team or your host in our catered chalets.

We also offer gift vouchers for our treatments, a perfect gift for a special occasion!

concierge@premiere-neige.com or +33 (0)4 79 06 30 55

